

CAAWS' Mothers in Motion to support eight community programs

The Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS) is pleased to announce the successful communities that will receive support from the *Mothers in Motion* program, made possible through funds from the Public Health Agency of Canada.

Eight communities across Canada were selected to collaborate with CAAWS on the development and implementation of physical activity and/or sport program for mothers of low socioeconomic status (LSES). These communities will each receive support valued at \$2,000.

CAAWS is excited to partner with these organizations to help educate LSES mothers on the benefits and importance of physical activity, and promote the importance of leading a healthy, active lifestyle.

2010 Mothers in Motion Grant Recipients

- Kids First Association – Moms Making the Move (Nova Scotia)
- GOLS Soccer School – Soccer London Moms in Motion (Ontario)
- Terrace Nisga'a Society – TNS Moms on the Run (British Columbia)
- Société de la Petite Enfance et de la Famille du Sud de l'Alberta – JEEP (Jouer Ensemble Enfant et Parent) en Route (Alberta)
- City of Swift Current – Groovin' at the Park (Saskatchewan)
- Centre de Ressources Familiales de la Péninsule Acadienne – Maman en Mouvement (New Brunswick)
- Supportive Housing for Young Mothers – SELFF (Skills, Education, Learning, Fitness and Fun) (Nova Scotia)
- Tupper St. Family Resource Center – Moms on the Move (Manitoba)

We'd like to thank everyone that applied, it was a difficult decision and we know that each and every one of the programs were deserving. We hope to see you participate in this program for years to come.